

THE PERMAGARDENS FOUNDATION

We train communities facing malnutrition and scarcity a proven way, called permagardens, to grow abundant nutritious food in small spaces at home year round.

We support trainers who are indigenous to their training areas (Rwanda, Kenya, India, Uganda, and expanding!) and who train around 25 families at a time. 80% of our trainees are women.



Contact: elizabethbisno@permagardens.earth

| PROBLEM | HOW PERMAGARDENS HELP SOLVE IT |
|--------------------------------|---|
| Hungry children | 5x the yield of a regular garden. More nourishment helps children focus and learn in school |
| Neurological child stunting | Meet nutrient needs at critical stages of mental & physical development |
| Poverty & economic instability | Reduces food families must buy —> less vulnerable to changes in market conditions |
| Long walk to water | Healthier soil capable of longer water storage, including long dry seasons |
| Global warming | Localizes the food system; increases soil health, facilitating carbon capture |
| Degraded ecosystem | Organic, no synthetic fertilizers/pesticides |
| Heavy rains destroying crops | Captures water from heavy rains (which can destroy other types of gardens), stores it |
| Trauma/conflict | Adequate nutrition —> able to solve larger issues, encourages community cooperation |

AS A DONOR

- ❖ Be known as a supporter of international activists on the front lines of community resilience and peace
- ❖ Receive regular updates and stories from our on-the-ground work
- ❖ Share our story and message with others, and be part of a regenerative movement
- ❖ Make it possible for our trainers to buy supplies for communities
- ❖ Ensure adequate, steady salaries for our trainers



AS A VOLUNTEER:

- ❖ Advance public education on global food sovereignty
- ❖ Internet outreach: our website, newsletter, articles/video, social media
- ❖ Fundraising / Friend-raising
- ❖ Admin tasks: databases, coordinate meetings, deal with mail, legal responsibilities
- ❖ Build nonprofit skills in “Nonprofit Leadership Lab” membership
- ❖ Any skills you want to practice/build
- ❖ Currently needed: bookkeeping, Treasury, finances, social media, admin, Board members!

If you have questions about our organizational structure, our success stories, how permagardens work, volunteering, or anything else, please contact our executive director elizabethbisno@permagardens.earth or board chair davidalbert1717@gmail.com. To apply, email us a paragraph about your background, your interests, and the skills you bring. We'd love to hear from you!